

# PSYCHIATRIC NURSING SKILLS CHECKLIST

Name: \_\_\_\_\_

0 = No Experience

1 = Would require review, some supervision

2 = Able to perform without any supervision

	0	1	2
<b>CARE OF PATIENTS WITH:</b>			
assaultive behavior			
chemical dependency			
desire to fraternize with staff			
ECT			
eating disorders			
hallucinations			
manic disorder-acute phase			
needs for limit setting			
rapid tranquilization			
restriction to isolation or seclusion			
seizure disorder			
severe anxiety			
Schizophrenia			
suicidal tendencies			
<b>CARE OF PATIENT WITH SECONDARY MEDICAL PROBLEMS</b>			
cardiac and/or pulmonary arrest			
cardiac complications			
CHF			
foley catheter/catheter care			
Diabetes			
IV therapy-starts and maintainance			
tube feedings			
pulmonary edema			
Oro-Naso-Pharynx suctioning			
O2 therapy			
ostomy care			
tracheostomy care			
<b>GENERAL</b>			
Admission of psychiatric patient			
Active participation in multi-disciplinary treatment planning			
Active participation in Milieu Therapy			
Behavioristic Charting			

	0	1	2
Conducts or co-conducts group therapy sessions			
Continual reassessment of patient; updating care plan			
Initial nursing intake intervie, assessment and care plan			
Therapeutic communication skills			
<b>IV THERAPY</b>			
administration & monitoring of blood & blood products			
heparin locks			
hyperalimentaion-maintainance & precautions			
use of infusion pumps			
veni-puncture			
<b>RESTRAINTS</b>			
ambulatory cuffs			
full restraints			
waist restraints			
Administering medications:			
IM			
IM - Z - techniques			
IV			
PO			
rectal			
sub-Q			
Working knowledge of effective behavior modification techniques			
Assessing needs of elderly psychiatric patient			
Managing the patient with assaultive behavior			
Use of open and closed seclusion			
Active participation in family counselling			
Care of child psych patient			
Care of adolescent psych patient			
Care of adult psych patient			
Care of the rape victim			
Care of the borderline patient			
Discharge planning for patients			
Experience as team leader			

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	0	1	2
Participated as leader of assault team			
Working knowledge of medical model for psych nursing			
Working knowledge of effective crises intervention techniques.			
Administration & monitoring of the following medications:			
psychotropics			
anti-depressants			
MAO-inhibitors			
hypnotic/sedatives			
anti-convulsants			
cardiac medications			
diuretics			
Charge nurse experience			
Team leader experience			
Charting within the legal aspects of law			

The information I have given is true and accurate to the best of my knowledge. I hereby authorize IHR to release this list to client health care facilities of IHR.

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**Name (Please Print)**

**Signature**

**Date**