

TAWAM HOSPITAL – DEPARTMENT OF NURSING
SKILLS CHECKLIST FOR PAEDIATRICS

Name of Candidate: _____ Date: _____

Read through the skills and tick the box that corresponds to your level of proficiency in that particular skill.

NO EXPERIENCE	NOVICE	ADVANCED BEGINNER	COMPETENT	PROFICIENT		EXPERT		
Performance criteria is not relevant to the position, or There has been no performance at this criteria	Requires guidance Performs within pre-set parameters (Policies & Procedures)	Performs routine functions Requires some assistance in complex situations / setting priorities	Prioritises & completes functions independently Can adapt practice to manage complex situations	Demonstrates speed and flexibility in decision making Can predict outcomes independently & plan for contingencies	Demonstrates mastery in performance Demonstrates creativity & innovation Responds intuitively			
SKILL			No Experience	Novice	Advanced Beginner	Competent	Proficient	Expert
GENERAL PAEDIATRICS								
1. Care of Patients with:								
➤ Nasogastric and gastrostomy feeding tubes								
➤ Nephrostomy								
➤ Indwelling urinary catheter								
➤ Bladder irrigation								
➤ Colostomy, Ileostomy								
➤ Tracheostomy								
➤ Wound drains								
➤ Humidification mask								
➤ O ₂ by mask, nasal prongs, cannula								
➤ Central Venous Catheters e.g. Hickman, Port-a-cath								
➤ Skin Disorder requiring dressings								
2. Infection Control								
➤ Standard Precautions								
➤ Isolation Techniques								
3. Physical Assessment								
4. Insertion Of:								
➤ Urinary catheters								
➤ Nasogastric feeding tube								
➤ Oral feeding tube								
5. Assisting with the procedure of:								
➤ Lumbar puncture								
➤ Removal of Central Venous Catheters								
➤ Bone marrow biopsy								
➤ Kidney Biopsy								
➤ Liver Biopsy								
6. Removal of sutures/clips								

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SKILL	No Experience	Novice	Advanced Beginner	Competent	Proficient	Expert
7. Collection Of Specimens:						
➤ Urine						
➤ Blood (peripheral)						
➤ Blood from Hickman catheters/Port-a-caths						
➤ Stool						
➤ Nasopharyngeal aspirate						
8. Preparation & administration of medications via the following routes:						
➤ Oral						
➤ Ear, nose						
➤ Topical						
➤ Rectal						
➤ Vaginal						
➤ Ophthalmic						
➤ Via Naso gastric tube / P.E.G.						
➤ Inhalational e.g. Nebuliser/ Spacer						
➤ Intravenous:						
<input type="checkbox"/> By push						
<input type="checkbox"/> By infusion via graduated chamber						
➤ Injections						
<input type="checkbox"/> Intramuscular						
<input type="checkbox"/> Subcutaneous						
<input type="checkbox"/> Intradermal						
9. Calculation of Drug Dosages						
10. The action, contraindications & side effects of medications in common use.						
11. Intravenous Therapy:						
➤ IV cannulation of paediatric patients						
➤ IV infusion via volumetric and peristaltic pumps						
➤ IV solutions						
➤ TPN						
➤ Administration of Blood Products:						
➔ Packed Red Cells						
➔ Platelets						
➔ Fresh Frozen Plasma						
➔ Albumin						
13. Experience in using:						
➤ Cardiac Monitor						
➤ Apnoea mattress						
➤ Saturation monitor						

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SKILL	No Experience	Novice	Advanced Beginner	Competent	Proficient	Expert
➤ Intensive Phototherapy Unit						
➤ Incubator						
➤ Blood Sugar Monitoring Devices						
14. Care of the patient with Neurological Conditions						
➤ Meningitis						
➤ Encephalitis						
➤ Cerebral Tumours						
➤ Hydrocephalus						
➤ Spina Bifida						
➤ Developmental Delay						
➤ Febrile convulsions						
➤ Epilepsy						
15. Care of the patient with renal conditions						
➤ Nephrotic Syndrome						
➤ Chronic Renal Failure						
➤ Hydronephrosis						
➤ Adrenogenital Syndrome						
16. Care of the patient with cardiac conditions						
➤ VSD						
➤ Tetralogy of Fallots						
➤ Coarctation of Aorta						
17. Care of the patient with respiratory conditions						
➤ Bronchiolitis						
➤ Asthma						
➤ Croup						
➤ Cystic Fibrosis						
➤ Bronchopulmonary dysplasia						
➤ Bronchopneumonia						
➤ Pertussis						
18. Care of patient with blood conditions						
➤ Anaemia						
➤ Sickle cell disease						
➤ Thallasaemia						
19. Care of the patient with gastrointestinal conditions						
➤ Malabsorption						
➤ Failure to Thrive						
➤ Tracheoesophageal Fistula						
➤ Hirschsprungs Disease						
21. Care of premature babies						

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SKILL	No Experience	Novice	Advanced Beginner	Competent	Proficient	Expert
22. Patient/parent education						
➤ Teaching of patient/parent nursing care procedures in preparation for the management at home						
➤ Preparation for discharge						
PAEDIATRIC SURGERY						
1. Care of a patient with:						
GENERAL SURGERY						
➤ Insertion/Removal of chest tubes						
➤ Underwater seal or suction chest drainage						
➤ Hemiotomy						
➤ Orchidopexy						
➤ Pyloromyotomy						
➤ Appendicectomy						
➤ Intussuseption						
➤ Circumcision						
ORTHOPAEDIC						
➤ Closed Reduction of fracture						
➤ Open Reduction of fracture						
➤ Correction of talipes equinos varus						
➤ Elongation of tendon achilles						
➤ Care of Patient in a Plaster Cast						
ORTHOPAEDIC CONDITIONS						
➤ Congenital dislocation of the hip						
➤ Fractures requiring traction						
➤ Osteomyelitis						
NEUROSURGERY						
➤ Insertion of VP / VA shunt						
➤ Craniotomy for excision of brain tumour						
UROLOGY						
➤ Pyeloplasty						
➤ Reimplantation of urethers						
PLASTICS						
➤ Repair of cleft lip / palate						
➤ Burns bath and dressings						
➤ Skin grafting to burns						
➤						

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SKILL	No Experience	Novice	Advanced Beginner	Competent	Proficient	Expert
PAEDIATRIC ONCOLOGY						
1. Care of a patient with						
➤ Leukaemia						
➤ Lymphoma						
➤ Solid Tumour						
➤ Brain Tumour						
➤ Febrile Neutropenia						
➤ Tumour Lysis Syndrome						
2. Care of a patient receiving radiotherapy						
3. Care of a terminally ill patient/palliative care						
4. Chemotherapy						
➤ Preparation of Cytotoxic Drugs						
➤ Administration of Cytotoxic Drugs:						
○ via IV bolus						
○ via infusion						
• subcutaneous						
• intramuscular						
➤ Extravasation Procedure						
➤ Handling of cytotoxic waste/spillage						
5. Assistance with procedures						
➤ Lumbar puncture/intrathecal chemotherapy						
➤ Bone marrow aspiration/biopsy						
➤ Fine needle aspiration						
➤ Pleural aspiration						
➤ Peritoneal dialysis						
6. Patient/parent education						
➤ Teaching of homecare for Oncology patients and parents						
7. Staff education						
➤ Ward based teaching of staff						

This skills list is part of the successful applicant's orientation package within the unit. False representation of information WILL result in a review of the applicant's contractual status.

I certify that the information given above is an accurate account of my proficiency.

Signed _____

Date _____

Print name _____